

## PHYSICAL EDUCATION DEPARTMENT POLICIES AND GUIDELINES

Dear Parent/Guardian and Student

The Physical and Health Education Staff welcome you to the commencement of the school year. We trust that we may produce a good working relationship between staff, parents and students. As well as participating in school lessons we encourage students to represent the school in a wide range of sports in Champion Schools Competition. Leeming students and staff have built a very sound and respected reputation over the years. Below we have outlined the requirements and expectations of students in Physical Education classes at Leeming Senior High School.

### Requirements

The school's Physical Education policy outlines that each student shall change into a Physical Education uniform. The uniform is chosen and approved by the Leeming SHS P&C body. The uniform policy is for reasons of hygiene, to minimise damage to other school uniforms and ensure a change of clothes if your child gets wet during the winter months while participating in their class. The Physical Education uniform is as follows:

<b>Shirt</b>	Leeming SHS Navy Blue/Red Shirt
<b>Shorts</b>	Leeming SHS Physical Education Unisex Sports Shorts These have the school logo on the left hand leg.
<b>Shoes</b>	Appropriate lace-up shoes for sport e.g. joggers, cross-trainers
<b>Hair</b>	All long hair needs to be tied back for safety
<b>Wet Weather Jacket</b> (optional)	Dark Navy. Physical Education uniform to be worn underneath

Sanctions for repeatedly being out of Physical Education uniform for Physical Education within each term will be imposed as follows:

- All instances of non-compliance will be recorded on Compass and the students record. This may lead to loss of good standing and exclusion from some student events in line with the schools Behaviour Management processes.
- Continued non-compliance will jeopardise the selection and participation in any Physical Education option classes or senior school classes that require students to change into a Physical Education uniform. This includes Outdoor Education and Outdoor Recreation classes.
- Students will assist by taking out and returning Physical Education equipment to classes.
- Students will be given detentions or Yard Duty.

Teachers in the Physical Education Department encourage the students to accept responsibility for being prepared for class. The students know when their uniform is required and should be encouraged to get it ready and, if necessary, wash it themselves. Students are also encouraged to wear hats and sunscreen in the summer months and to bring along their own water container. Students are also required to change back into their school uniform at the conclusion of Physical Education lessons i.e. **Physical Education uniform is only to be worn during Physical Education (and Dance) lessons.** Students wearing Physical Education uniform for non-Physical Education lessons will be considered out of school uniform and subject to the relevant Student Services sanctions for this.

Students **may** choose to wear the school **navy blue** unisex tracksuit pants but this is only an option during **term two and three**. If tracksuit pants are to be worn to Physical Education **and** as part of their school uniform, then they may be asked to show two pairs of tracksuit pants so they can fulfil their obligation to **change** into a Physical Education uniform. Physical Education classes will proceed as normal except in the most extreme weather conditions. Please note that students are still required to change into Physical Education uniform on Free Dress Days.

## Expectations

Students are expected to come to their Physical Education class and;

- Participate to the best of their ability in the skill activities and games organised.
- Their participation should be based on the instructions given.
- Students should at no time endanger the welfare and safety of other class members.
- Bring their Physical Education change and use the change rooms appropriately and in a timely manner.

## Notes

If your child cannot participate due to injury or illness, a written note signed by a parent/guardian outlining the situation is required on the day and helps to avoid unnecessary problems at school on the day. If the problem is long term and is due to medical reasons, then a Medical Certificate should also be shown and an estimate of when they can resume Physical Education classes.